## **Fort Montessori**

## Lunch Menu

**June 2023** 

Monday	Tuesday	Wednesday	Thursday	Friday
JUNE	3-hutterstock.com - 746937799		1 nv)turkey & cheese sandwich v) cheese sandwich lettuce & tomato vegetable sticks with Dip milk/ fruit	2
5	6	7	8	9
nv) chicken bite nuggets	v/nv) mac & cheese	nv) turkey hot dog	nv) Italian chicken meat ball	
v) veggie nuggets	mix green/ranch	v) veggie hot dog	v) vegie meatball	
mix vegetable	peas & carrots	corn	white rice	
mashed potato	milk	ranch beans	green beans	
milk/ fruit	fruit	milk/ fruit	milk/ fruit	
12	13	14	15	16
nv)turkey & cheese sandwich	nv) chicken taquitos	v/nv) cheese ravioli / marinara	nv) turkey corn dog	
v) cheese sandwich	v) bean &cheese taquitos	green salad	v ) cheese sticks	
lettuce & tomato	spanish beans	dinner rolls	corn	
vegetable sticks with Dip	spanish rice	milk	ranch beans	
milk/ fruit	milk / fruit	fruit	milk/ fruit	
19	20	21	22	23
3UNE 19	nv) chicken taquitos	v/nv) mac & cheese	nv) turkey hot dog	
JUNE	v) bean &cheese taquitos	mix green/ranch	v) veggie hot dog	
TEENTH	spanish beans	peas & carrots	corn	
FREEDOM DAY	spanish rice	milk	ranch beans	
CELEBRATION	milk / fruit	fruit	milk/ fruit	
26	27	28	29	30
nv) fish sticks	v/nv) cheese ravioli / marinara	nv) Italian chicken meat ball		
v) cheese sticks	green salad	v) veggie meatball		
green salad	dinner rolls	white rice	Veggie fried rice	
mashed potato	milk	green beans		
milk/ fruit	fruit	milk/ fruit		

**Children's Lunchbox** \*\*\* (214)562-4015