





# Fort Montessori

# Lunch Menu

## June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> nv) turkey & cheese sandwich v) cheese sandwich lettuce & tomato vegetable sticks with Dip milk/ fruit	<b>2</b>
<b>5</b> nv) chicken bite nuggets v) veggie nuggets mix vegetable mashed potato milk/ fruit	<b>6</b> v/nv) mac & cheese mix green/ranch peas & carrots milk fruit	<b>7</b> nv) turkey hot dog v ) veggie hot dog corn ranch beans milk/ fruit	<b>8</b> nv) Italian chicken meat ball v) veggie meatball white rice green beans milk/ fruit	<b>9</b>
<b>12</b> nv) turkey & cheese sandwich v) cheese sandwich lettuce & tomato vegetable sticks with Dip milk/ fruit	<b>13</b> nv) chicken taquitos v) bean & cheese taquitos spanish beans spanish rice milk / fruit	<b>14</b> v/nv) cheese ravioli / marinara green salad dinner rolls milk fruit	<b>15</b> nv) turkey corn dog v ) cheese sticks corn ranch beans milk/ fruit	<b>16</b>
<b>19</b> 	<b>20</b> nv) chicken taquitos v) bean & cheese taquitos spanish beans spanish rice milk / fruit	<b>21</b> v/nv) mac & cheese mix green/ranch peas & carrots milk fruit	<b>22</b> nv) turkey hot dog v ) veggie hot dog corn ranch beans milk/ fruit	<b>23</b>
<b>26</b> nv) fish sticks v) cheese sticks green salad mashed potato milk/ fruit	<b>27</b> v/nv) cheese ravioli / marinara green salad dinner rolls milk fruit	<b>28</b> nv) Italian chicken meat ball v) veggie meatball white rice green beans milk/ fruit	<b>29</b>  <b>Veggie fried rice</b>	<b>30</b>

Children's Lunchbox \*\*\* (214)562-4015